



**July 4, 2009
M&T Stadium**

**Mayor Sheila Dixon's
3rd Annual 1.5Mile Walk
Annual 5K Race**

Sponsored by:



**Winner receives 2 free tickets on Southwest Airlines.
Tickets are valid July 1, 2009 thru July 30, 2010.
Tickets are good for anywhere Southwest Airlines flies,
With no black out dates or restrictions.**



July 4, 2009

**M & T Bank Stadium
Camden Yards
Baltimore, Maryland**

**(Registration Starts At 7:00am)
5K Race Begins: 8:00am**

**Walk Warm Up Begins: 8:15am
1.5Mile Walk Begins: 8:30am**

**Post event activities, snacks, and awards ceremony at
9:00am**

**For pre-registration, complete entry form and mail with
check**

**(Payable to AAHF Foundation) to:
Charm City Run, P.O. Box 5464, Towson, Md. 21285**

Entry Fee

**WALK
FREE**

**RUN
\$20.00**

Register online with a \$3.00 administrative fee

Registration and packet pickup will be held the day of the event at

M&T Stadium
Hamburg Street

Event held rain or shine!

TEAMS

Minimum of four members – can be coed, male, female and can be Businesses, families, schools, etc. The largest team will win a prize. It is requested that all team entries be sent together.

REFUND POLICY

Registration fees are not refundable, and will be considered donations to Youth Works

AWARDS

Awards to top overall male and top overall woman
(2 tickets each on Southwest Airlines)

Male & Female

15 and under

16-19

20-29

30-39

40-49

50-59

60-69

70 +

AMENITIES

Custom Bag and T-Shirt
(Guaranteed to first 500 registered participants)
Water on course, Post Race refreshments
On-site medical care & aid

To benefit
Baltimore Youth Works

CO-SPONSORS

American Lung Association
CareFirst Blue Cross/Blue Shield
Coalition to End Childhood Lead Poisoning
Heart & Soul Magazine
HUD Healthy Homes
Kool Smiles
Maryland General Hospital
Prevent Cancer Super Colon
Sinai Hospital
St. Agnes Hospital
St. Joseph Hospital
The Living Legacy Foundation
WMAR TV2

For more information:

www.AAHF.net

410-370-9969

Route

START on Hamburg Street in front of M&T Bank Stadium and run West across Russell St. making a LEFT turn onto the Russell St. access road

Turn RIGHT onto West Road

Turn LEFT onto S. Paca Street

Turn RIGHT onto W. Ostend St.

Turn LEFT onto W. Hamburg St.

Turn LEFT onto Bush St.

Turn LEFT onto Wicomico St.

Turn RIGHT onto W. Ostend St.

Turn LEFT onto Russell St., running on the side nearest to M&T Bank Stadium

Turn RIGHT onto Hamburg St. and across the Hamburg Street Bridge

Run continues along the route and walk begins here:

Turn RIGHT onto Leadenhall St.

Turn LEFT onto Cross St.

Turn LEFT onto Hanover Street

Turn RIGHT onto Hamburg Street

Turn LEFT onto Charles Street

Turn LEFT onto Henrietta Street

Turn LEFT onto Hanover Street

Turn RIGHT onto W. Hamburg Street and across the Hamburg St. Bridge

Turn RIGHT onto spine between Camden Yards and M&T Bank Stadium

Finish on spine between two stadiums